



# The impact of coronavirus on **food and eating** in the East of England

Study reference: HSK/SF/UH/04132

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COVID-19 is affecting how people are accessing food, shopping, cooking and eating and the way food is distributed.

We are undertaking research to enable immediate lessons to be learned, help plan for future challenges, and find out who is and is not getting the help they need.

**We are looking for  
people to take part in  
our research.**

# Do you live or work in the East of England?



If you are aged 18 or over and at least one of the following describe your household then we want to hear from you:

- Have **infants or school-aged children** at home
- Aged **over 70**
- On a **low income**, in receipt of **state benefits** and / or in receipt of **free school meals**
- Someone in your household is a **key worker**
- You or someone in your household is self isolating because of a **health condition**

Or are you a professional or volunteer undertaking food or nutrition related work? Including (but not limited to):

- Infant feeding advisors
- Those providing food for school aged children
- Community dietitians
- Meals on wheels staff or volunteers
- Local authority or charitable support workers and volunteers

For more details visit <https://arc-eeo.nihr.ac.uk/covid-19-projects-innovations-and-information/prevention-and-early-detection-health-and-social-care>

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