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22–23 JUNE 2024

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# FIRST LIGHT FESTIVAL

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FREE FESTIVAL PROGRAMME

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Lowestoft's unique free arts festival returns to South Beach to celebrate the summer solstice in Britain's most easterly town.





# WELCOME

Amidst the natural beauty of South Beach gather together by the sea and sand dunes to soak up a weekend of brilliant creativity and joyful communal vibes at First Light Festival 2024.

Inspired by our most easterly location on the edge of England, this year's programme shines a spotlight on our unique position - connecting through music, dance, science and visual art to the other cardinal points of the country - exploring what we share as well as our differences.

Map your own route across the weekend to discover new visual art and music commissions, engrossing talks, spoken word and comedy from the UK's most exciting artists.

Immerse yourself in late night music in our Sundown Events programme with Moonlit Soundscapes, Jazz, Club DJs and our sea-themed Silent Disco.

North, South, East, West we know which one is best... Celebrate the most easterly sunrise in our Dawn beach programme - set your alarm for yoga, music and a Balearic Beach Breakfast...

Welcome the midsummer with new talent, new ideas and new experiences - welcome to First Light.

## The First Light Team!





# FESTIVAL TIMINGS

## Saturday 22 June 12:00-21:30

Hit the beach from noon to dusk for a packed first day of our free summer solstice celebration - don't miss our opening parade that kicks off the festival!

SEE WEBSITE FOR SATURDAY'S LINE-UP AND TIMINGS.

## 21:30-02:30

When our programme on the beach finishes at dusk, the party continues at venues around the town. Visit St Peter & St John Church for our free music programme Moonlit Soundscapes or check out our ticketed Sundown events.

SEE PAGE 08 & 09 FOR ALL SUNDOWN EVENTS AND HOW TO BOOK TICKETS.

## Sunday 23 June 03:30-06:30

Gather at dawn on the shoreline for an unforgettable experience. Salute the sun with daybreak yoga, zone into our new music commissions and be part of the Balearic Breakfast music and feasting experience.

## 10:00-16:00

Get that First Light Sunday feeling with a full festival day on the Beach, in the Gardens and at East Point Pavilion.



Opening Parade



Everyone Active  
Mykola Romanovsky



Dawn

# FREE FESTIVAL HIGHLIGHTS

## Sunlight Sounds

Pitch your deckchairs at our Sunlight Stage, the place to be for an eclectic line-up of world-class music, DJs and dawn to dusk, epic festival moments.

## Shining Stars of the East

Discover the region's upcoming music stars in our New Dawn and Playbreak programmes, with performances from exciting new talent across the festival weekend.

## Laughter, Wit & Grit

Beautifully crafted poetry, strong spoken word and comedy performances with Hollie McNish, Daljit Nagra, Jay Mitra, Josh Weller, Elf Lyons + more.

## Move, Make, Investigate

Our MoonDance, Cosmic Pirates and Planet Positive zones keep little feet dancing, hands making and minds exploring.

## Be Planet Positive

Calling occupants of Planet Earth for talks, experiments and ideas in our Planet Positive zone, including Messums East for exploration through visual arts, powerful conversations about East Coast energy and CharitySuper.MKT for sustainable shopping and making masterclasses.

## Keeping Everyone Active

Join in our range of beach gym activities, ball challenges, fun competitions for all the family with our friends at Everyone Active, Access Sport and Lowestoft Town Football Club.



Another Taste



Hollie McNish  
Helmi Okbara



Boogie Booth



# MARINA THEATRE

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Thu 10 Oct



Fri 11 Oct



Thu 17 Oct

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MARINA  
 THEATRE  
 LOWESTOFT





TO LONDON ROAD  
NORTH AND HISTORIC  
HIGH STREET

TRAIN STATION

Our Saturday night ticketed Sundown Events move the party from the beach to venues across Lowestoft, from Dusk (9.30pm), offering a programme of comedy, clubbing, silent disco, relaxing classical and jazz.

Book your tickets and keep the party going until the sun glimmers on the beach for Dawn.

Key:

SUNDOWN  
EVENT VENUE

ST PETER & ST  
JOHN CHURCH



RECTORY ROAD

KIRKLEY SHOPPING AREA

KIRKLEY CLIFF ROAD

UPPER ESPLANADE

JUBILEE PARADE

B1532

SEAFRONT PROMENADE

CLAREMONT PIER

SOUTH BEACH

SEAGULL THEATRE



MORTON ROAD

KENNINGTON GARDENS

FESTIVAL SITE

WILD BEACH CAMPING

NORFOLK & SUFFOLK  
YACHT CLUB



MOSSY'S NIGHTCLUB



EAST POINT PAVILION

# SUNDOWN EVENT LISTINGS



Shaparak Khorsandi

## Shaparak Khorsandi: Scatter Brain

22:00-23:00

Seagull Theatre

Much-loved comedian and writer Shaparak Khorsandi takes us on a very personal journey of self-discovery and late diagnosis of ADHD in a wonderful mix of stand-up and reading from her latest book 'Scatter Brain'.



Coco María

## Coco María Afterparty

22:00-02:00

Mossy's Nightclub

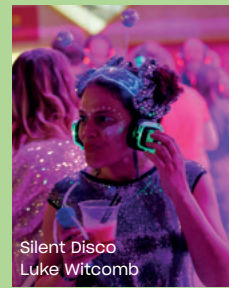
A high energy Latin and Afro-Caribbean set curated by one of the most unique and uncompromising DJs, and WorldFM resident, Coco María.

## Jazz Unlimited Trio

22:00-00:00

Norfolk & Suffolk Yacht Club

Relaxing vibes of American jazz of the 50s & 60s performed by trumpeter Ray Simmons and local guitar hero Phil Brooke.



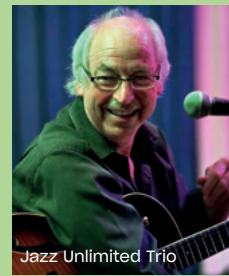
Silent Disco  
Luke Witcomb

## Silent Disco: Deep Sea Get Down

21:30-02:00

East Point Pavilion

Get ready to dive into some of the finest Latin-house, genre-fluid and acid sets with DJs Alina & Friends and Purple City.



Jazz Unlimited Trio

## Moonlit Soundscapes

22:00-02:30 (FREE AND UNTICKETED)

St Peter & St John Church, Lowestoft

A late-night programme of atmospheric classical and acoustic music featuring international and local performers - Soundbox Ensemble, Katherine MacRae, Donald Grant and Annie Dressner.

Tickets £12-£14 - Book and find out more at [firstlightlowestoft.com/ticketed](https://www.firstlightlowestoft.com/ticketed)



	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30						
<b>Sunlight Stage</b>	Opening Parade	House of the Rising Sun		Amaraterra		New Dawn: Finn Doherty		Karma Sheen		Hackney Colliery Band		Young Gun Silver Fox		Colleen Cosmo Murphy		Another Taste											
<b>New Dawn Stage</b>		Jack Wylie		Sophie the Great		Magnolia		Kitty-May		Arthur Black		Lottie Gray		Finn Doherty													
<b>First Word</b>		Comedy 4 Kids	Marcel Lucont	Jay Mitra	NCW - Daljit Nagra	Holly McNish	Luke Wright	Elf Lyons	Alexis Dubus	Josh Weller																	
<b>DJs in the Dunes</b>		Bamboo DJs		Levi Fruits		The Hemingways				Thomas & Vialli		Pillow Princess ft Effy Mai & Alina															
<b>Kensington Gardens &amp; Upper Esplanade</b>		Street Food Makers Market Easterly Artists' Exhibition Weather Vane Exhibition																									
<b>Gardens Stage</b>	Xenia Horne	Lowestoft Signing Choir	Svetla	The Rabble Chorus	Sunset Bamboo	Marina Ukeleles	My Rock Choir	Ezme Gaze	Playbreak: Greg Powells	Dove and Boweevil	The Trips	Cubanda	Playbreak: The Fresh Twang														
<b>East Point Pavilion</b>	Lily Joan Hughes	Lumie	Milly Anna	Three Divorces	Alis MacIntyre	Zamani Fitri	Scarlett Hogg	Mitchel Philips	Eliza Gold	Kira Kira	MAJIC	TSG	Ben Osborne - DJ														
<b>MoonDance</b>	Olive Branch & Mughai Minatures		Latin Fiesta		Folk That		Olive Branch & Mughai Minatures		Cubanda Salsa Workshop		Happy Feet Family Workshop		Happy Feet Film														
<b>Cosmic Pirates Workshops</b>	Extra Time with Suffolk Artlink & Creative Workshops with Re-utilise					Little Beats				Creative Workshops with Susanna Wallis																	
<b>Cosmic Pirates Library Teepee</b>		Song Time on the Beach		Life's a Beach by Kirsty Tallent (BSL)		Song Time on the Beach		Winter Moon by Lorna Heap (BSL)		Bedtime Stories on the Beach (BSL)		Chill Out Space Bedtime Playlist					Nature Silent Disco for Kids										
<b>Planet Positive</b>	Cefas Discovery Zone Power Positive UEA - Later Prehistoric Norfolk Project										CharitySuper.MKT & Upcycling with Norwich University of the Arts Natural History Museum Norwich Astronomical Society																
<b>Interstellar Ideas</b>	Xiaolu Guo		Universe of Music		George Szirtes		Travis Elborough		Joe Boyd		Jay Griffiths																
<b>Messums East</b>	Drop-in workshops with artist Julia Lohmann to explore her unique practice with seaweed																										
<b>Making Waves Workshop</b>	First Light Mural / Sense of Place																										
<b>Wellbeing by the Waves</b>	Self Love Flow	Kundalini Yoga	Happy Hips	Goddess Dance	Yoga with Amy	Gentle Stretch	Earthdance Spirit	Drumming with the Witches of the East																			
<b>Elsewhere on the Beach</b>	Camera Obscura		Everyone Active		Access Sport		Alfresco Arts		Ghost Story with HighTide		Walking Men		Sea Serpent		Suffolk Wildlife Trust Soul		Soul Space on the Sands										

**Ticketed Sundown Events across Lowestoft**

Keep the party going through one of the shortest nights of the year.

See pages 8 & 9 for more info

Celebrate Dawn at UK's most easterly place and get ready for the final day of the festival.

**03:30-04:00**

The haunting pipes of piper Graham MacAusland call you to the beach

**04:00-04:30**

Salute the sun with Yoga and breathe into a new day

**04:30-04:45**

Soak up Whorl - Dawn Shells, looped sonic soundscape with Steve Pretty

**04:45-05:15**

Connect with '(led by the heart) my feet will follow', a new work by Alex Groves and Nic Pendlebury

**05:15-06:30**

Out of the dawn and into the day with Colleen Cosmo Murphy's inimitable Balearic Breakfast.

**04:00-07:30**

Join St Elizabeth East Coast Hospice's sponsored beach walk from Kessingland to South Beach.

Want a larger version? Scan below to download our latest digital grid.



	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00
<b>Sunlight Stage</b>	Donald Grant & the Royal Northern College of Music			Playbreak: Cam T		Coco Marla		Spirit of Sundaze Ensemble			Slambovian Circus of Dreams		
<b>New Dawn Stage</b>			JULIET		Sign Along with Jessica		AFTERDRIVE			Queen Dogs			
<b>First Word</b>			MC Luke Wright	John Osborne: Norwich, A Love Story		Joe Wells: I am Autistic			INK		Toria Garbutt	Maria Ferguson	Raymond Antrobus
<b>DJs in the Dunes</b>	Ben Osborne & Friends												
<b>Kensington Gardens &amp; Upper Esplanade</b>	Street Food			Makers Market	Easterly Artists' Exhibition			Weather Vane Exhibition					
<b>Gardens Stage</b>	The Ukulele Strum	Suffolk SMART		Klezmerized	First Light Legends: John Lynne Ward		Sing for the Soul	The Ukes of Southwold		Playbreak: Little Big Mouth	The Lowesoft Longshore Men		
<b>East Point Pavilion</b>	Charles Stock	Lydia Cass	Lara Price	Kat Laws	Grace Calver	Tiah Jean	RONAN		Playbreak: Wendsum	Playbreak: Bella Askew	Playbreak: Coral Cross	Playbreak: The Ragged Hearts	
<b>MoonDance</b>	BABY LOVES TO BOOGIE			Get Lost	Boogie Booth			Klezmerized Klezmer Keilidh		Get Lost	Boogie Booth		
<b>Cosmic Pirates Workshops</b>	Creative Workshops with Woodworks Art Cafe							Workshops with National Literacy Trust in Suffolk					
<b>Cosmic Pirates Library Teepee</b>	Raymond Antrobus (BSL)	Gainsborough Library Girls (BSL)	Life's a Beach by Kirsty Tallent (BSL)		Songtime on the Beach		Chill Out Space: Lunchtime Lullabies	Storytime on the Beach (BSL)		The Misbehaving Letters by Layla Bradbeer (BSL)			
<b>Planet Positive</b>	Cefas Discovery Zone			CharitySuper.MKT & Upcycling with Norwich University of the Arts				Messums East					
	Power Positive UEA - Later Prehistoric Norfolk Project			Natural History Museum				Norwich Astronomical Society					
<b>Interstellar Ideas</b>	Pheonix Dodo Butterfly				What do Museums Do NHM		Michaela Schratzberger Cefas		Dockside Dandies of Lowestoft				
<b>Messums East</b>	Drop-in workshops with artist Julia Lohmann to explore her unique practice with seaweed				Laurence Edwards 'Old Knowledge New Ideas'		Drop-in creative workshops with Julia Lohmann to explore seaweed						
<b>Making Waves Workshop</b>	First Light Mural / Sense of Place												
<b>Wellbeing by the Waves</b>	Flow like the Wind	Yoga with Amy		Kundalini Yoga		Hatha Yoga		Earthdance Fire		Closing Meditation			
<b>Elsewhere on the Beach</b>	Everyone Active		Access Sport	Alfresco Arts	Ghost Story with HighTide	Walking Men	Sea Serpent						
	Suffolk Wildlife Trust		Soul Space on the Sands	Camera Obscura	Punch & Judy								



# 'RESONANCE' OPENING PARADE

We're kicking off First Light Festival 2024 with a spectacular walking parade with Sol, Lowestoft's Spirit of the Sea, along with her new Friends! Created with you and our local schools we're excited for you to get involved in our themes of:

**Seashells, Cardinal Points and Resonance!**

Together with Community Groups and musicians, come and join us for a thrilling start to the festival and a fabulous way to celebrate what makes Lowestoft such a brilliant place.

Starting at **22.06.24 at 11am** at East Point Pavilion!

## Join in the Fun!

We'd love to see you at one of our free workshops in the run-up to the parade.

**18.05.24 at 11am - 1pm** and **28.05.24 at 10am - 12pm**  
East Point Pavilion, NR33 OAP

Does your community group or business want to walk in the parade?  
Could you volunteer at the festival?

FIND OUT ALL THE DETAILS OF HOW TO GET INVOLVED AT  
[FIRSTLIGHTLOWESTOFT.COM/OPENING-PARADE](http://FIRSTLIGHTLOWESTOFT.COM/OPENING-PARADE)

**COME ON LOWESTOFT!  
LET'S MAKE SOME NOISE!**



# Discover Explore Listen



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ARTS

Visit our two historic Suffolk destinations:  
 Snape Maltings and The Red House, Aldeburgh



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## FIRST LIGHT FESTIVAL

FIRST LIGHT FESTIVAL AT EAST POINT PAVILION

**Saturday 22 - Sunday 23 June 2024**

A packed line-up of emerging music, dancefloor action, incredible food & drink across the midsummer weekend.



NEW DAWN TAKEOVER



SILENT DISCO



PLAYBREAK SHOWCASE





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16+. For further details visit [everyoneactive.com/haveadayonus](http://everyoneactive.com/haveadayonus). Classes must be booked in advance to avoid disappointment and will be subject to availability. New customers only.

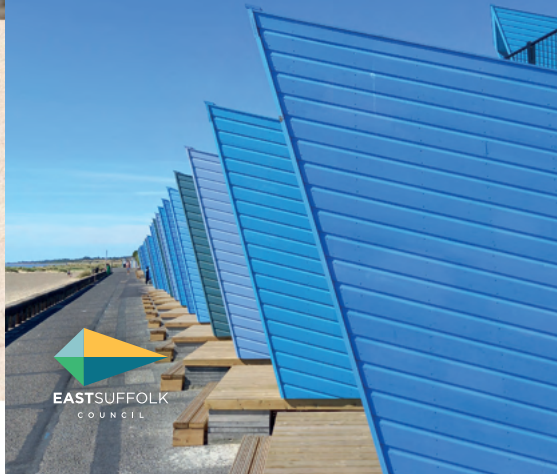


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## KEEPING CHILDREN AND YOUNG PEOPLE SAFE

It's important that everyone has a fun and safe experience at First Light, so we have put together some useful tips to support you and your family during your visit.

**Wristbands** - If you are attending the festival with children and young people, make the Lost Kids Hub in the Cosmic Pirates Zone your first stop to pick up a wristband and write your contact number on it. Should you become separated this will help us to reunite you quickly.

**Agree a meeting point** - Visit it first together so you know exactly where to meet should you become separated.

**Lost Children** - If you do become separated from your child, inform a member of staff immediately. We have trained staff and procedures to help find them. Over the weekend point out **'Safe Adults'** - festival staff, volunteers, security, first aid, and police, to your child/ young person so they know who to approach if they need help.

**Teens and Young Adults** - First Light can be an exciting first festival experience for young people, however they can easily become vulnerable due to drink and drugs. A dedicated teen zone and our roving teen wellbeing team are here to help, but it's also really important to plan ahead with parents and friends on how to stay safe.

FOR FURTHER INFORMATION AND ADVICE VISIT [FIRSTLIGHTLOWESTOFT.COM/KEEPINGSAFE](http://FIRSTLIGHTLOWESTOFT.COM/KEEPINGSAFE)

## Sustainability by the Sea

Environmental sustainability is at the heart of what we do, with a programme inspired by our natural environment, powered by solar and veggies. We're a work in progress but are successfully working to reduce our waste and resource input year on year.

FIND OUT MORE AND FOLLOW OUR ENVIRONMENTAL JOURNEY AT [FIRSTLIGHTLOWESTOFT.COM/OUR-SUSTAINABILITY](http://FIRSTLIGHTLOWESTOFT.COM/OUR-SUSTAINABILITY)

## An Accessible Festival for All

With BSL - interpreted performances, trackway on the beach, beach wheelchairs, free companion tickets, what to expect information and more, we're making this year's festival our most open and accessible yet.

EXPLORE OUR OFFER AT [FIRSTLIGHTLOWESTOFT.COM/ACCESSIBILITY](http://FIRSTLIGHTLOWESTOFT.COM/ACCESSIBILITY)

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Ice

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CYDER  
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# BRIGHTEN

## IBIBIO SOUND MACHINE

## SHAME

A-Z

Alexis Taylor DJ (Hot Chip) • Art School Girlfriend  
 Borough Council • The Brackish • Bricknasty • C Turtle  
 Chartreuse • CLT DRP • Coach Party  
 Dave Okumu & The 7 Generations • Deb Googe  
 deep tan • Divorce • Donna Thompson • Ebbb  
 En Attendant Ana • Folly Group • Free Love  
 Girl Ray • Grove • HONESTY • Jay Prince • JIM  
 Lambrini Girls • Man/Woman/Chainsaw  
 mary in the junkyard • Miss Tiny  
 The Mouse Outfit ft. KOJ, Ayite & Meduulla  
 mui zyu • The Mysterines • Nabihah Iqbal DJ • The Orielles  
 plantoid • Prima Queen • Sam Akpro • SØWT • Tapir!  
 TATYANA • Theon Cross • Too Many Things • Trout  
 Ugly • UNIVERSITY • Whitelands • Yoni Mayraz

MULTI-VENUE  
MUSIC  
FESTIVAL  
IPSWICH



In association with  
University of Suffolk

FRI 14  
SAT 15  
JUNE  
20  
24

# THE CORNERS

## THE FINAL FLING AT GLEMHAM HALL

# FOLKEAST FESTIVAL

16<sup>TH</sup> 17<sup>TH</sup> 18<sup>TH</sup>  
AUGUST

2024  
IN SUFFOLK

THE DHOL FOUNDATION KRIS DREVER BAND  
 GIGSPANNER BIG BAND TRACK DOGS BASKERY  
 BLOWZABELLA TOPETTE!! MELROSE QUARTET  
 ANGELINE MORRISON & THE SORROW SONGS BAND  
 MARTIN CARTHY IN CONVERSATION WITH JON WILKS  
 FAY HIELD TRIO GRANNY'S ATTIC HONEY & THE BEAR  
 MADDIE MORRIS SEAN COONEY & SAM CARTER - PETERLOO  
 RAG MAMA RAG SARAH SMOUT BALLET FOLK  
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FOLKEAST.CO.UK

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## THANKS

**First Light Festival Steering Group:** Cefas, East Coast College, Enabling Kirkley, Friends of Kensington Gardens, Kirkley People's Forum, Kirkley Youth Voice Group, Lowestoft Rising Local Cultural Education Partnership, Lowestoft Sixth Form College, Lowestoft Town Council, Marina Theatre, Norwich University of the Arts, Seagull Theatre, Suffolk Police, Lowestoft Vision, ESC Communities Team

**First Light is grateful to its Supporters and Sponsors:** Arts Council England, East Suffolk Council, Suffolk County Council, Sizewell C Creative Smith & Pinching, Aspalls, Chivers Trust, Everyone Active, Lowestoft Town Council, Hinrichsen Foundation, The UK Shared Prosperity Fund, Access Sport, East Suffolk Services, Essex & Suffolk Water, Greater Anglia, Lowestoft Beach Hut Hire, Move it Right, Store it Right, National Centre for Writing, Lowestoft Town Football Club, Molson Coors

**Programme Partners:** Access Creative College, BBC Music Introducing, Britten Pears Arts, Cefas, Creative UEA, DanceEast, East Suffolk One, East Point Pavilion, Gainsborough House, HighTide Theatre, Lowestoft Library, Marina Theatre, Messums East, Moss & Co, Natural History Museum, Norwich Astronomical Society, Norwich University of the Arts, Our House, Suffolk Libraries, Suffolk Artlink, Suffolk WildlifeTrust, Wild Paths





13th July 2024

# Lowestoft 1940'S Day

VINTAGE  
MARKET

PERIOD  
CHARACTERS

LIVE MUSIC

STREET  
PERFORMANCE

A FREE EVENT

WELLINGTON  
GARDENS  
11AM - 4PM



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For info:  
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