

Celebrate Dawn at UK's most easterly place and get ready for the final day of the festival.

03:30-04:00

The haunting pipes of piper Graham MacAusland call you to the beach

04:00-04:30

Salute the sun with Yoga and breathe into a new day

04:30-04:45

Soak up Whorl - Dawn Shells, looped sonic soundscape with Steve Pretty

04:45-05:15

Connect with '(led by the heart) my feet will follow', a new work by Alex Groves and Nic Pendlebury

05:15-06:30

Out of the dawn and into the day with Colleen Cosmo Murphy's inimitable Balearic Breakfast.

04:00-07:30

Join St Elizabeth East Coast Hospice's sponsored beach walk from Kessingland to South Beach.

Want a larger version? Scan below to download our latest digital grid.



	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00
Sunlight Stage	Donald Grant & the Royal Northern College of Music			Playbreak: Cam T		Coco Marla		Spirit of Sundaze Ensemble			Slambovian Circus of Dreams		
New Dawn Stage			JULIET		Sign Along with Jessica		AFTERDRIVE			Queen Dogs			
First Word			MC Luke Wright	John Osborne: Norwich, A Love Story		Joe Wells: I am Autistic			INK		Toria Garbutt	Maria Ferguson	Raymond Antrobus
DJs in the Dunes	Ben Osborne & Friends												
Kensington Gardens & Upper Esplanade	Street Food Makers Market Easterly Artists' Exhibition Weather Vane Exhibition												
Gardens Stage	The Ukulele Strum	Suffolk SMART		Klezmerized	First Light Legends: John Lynne Ward		Sing for the Soul	The Ukes of Southwold		Playbreak: Little Big Mouth	The Lowesoft Longshore Men		
East Point Pavilion	Charles Stock	Lydia Cass	Lara Price	Kat Laws	Grace Calver	Tiah Jean	RONAN		Playbreak: Wendsum	Playbreak: Bella Askew	Playbreak: Coral Cross	Playbreak: The Ragged Hearts	
MoonDance	BABY LOVES TO BOOGIE			Get Lost		Boogie Booth			Klezmerized Klezmer Keilidh		Get Lost	Boogie Booth	
Cosmic Pirates Workshops	Creative Workshops with Woodworks Art Cafe								Workshops with National Literacy Trust in Suffolk				
Cosmic Pirates Library Teepee	Raymond Antrobus (BSL)	Gainsborough Library Girls (BSL)	Life's a Beach by Kirsty Tallent (BSL)		Songtime on the Beach		Chill Out Space: Lunchtime Lullabies		Storytime on the Beach (BSL)		The Misbehaving Letters by Layla Bradbeer (BSL)		
Planet Positive	Cefas Discovery Zone Power Positive UEA - Later Prehistoric Norfolk Project				CharitySuper.MKT & Upcycling with Norwich University of the Arts Natural History Museum				Messums East Norwich Astronomical Society				
Interstellar Ideas	Phoenix Dodo Butterfly				What do Museums Do NHM			Michaela Schratzberger Cefas		Dockside Dandies of Lowestoft			
Messums East	Drop-in workshops with artist Julia Lohmann to explore her unique practice with seaweed				Laurence Edwards 'Old Knowledge New Ideas'			Drop-in creative workshops with Julia Lohmann to explore seaweed					
Making Waves Workshop	First Light Mural / Sense of Place												
Wellbeing by the Waves	Flow like the Wind	Yoga with Amy		Kundalini Yoga		Hatha Yoga		Earthdance Fire		Closing Meditation			
Elsewhere on the Beach	Everyone Active Access Sport Alfresco Arts Ghost Story with HighTide Walking Men Sea Serpent Suffolk Wildlife Trust Soul Space on the Sands Camera Obscura Punch & Judy												